



HAMBERLEY
NEUROCARE



Hamberley Neurocare

Life-enhancing Neurorehabilitation
& Complex Care

EMPOWERING RECOVERY, RESTORING LIVES



London

1
2
Camberley
Basingstoke

3
Southampton



1

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2

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3

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Hamberley Neurocare provides specialist neurological care and rehabilitation across Hampshire and Surrey. Our leading-edge, purpose-built care and rehabilitation centres are designed to provide optimal therapeutic environments in which to restore function, develop meaningful person-centred goals, promote independence and enablement, improve physical, cognitive and emotional wellbeing and reduce disability.

From our spacious ensuite bedrooms, sensory bathrooms, physiotherapy gyms, occupational therapy training kitchens, to our beautiful, landscaped gardens and transitional living apartments equipped with integrated assistive technology, we aim to create the perfect environment to aid recovery.

Each Hamberley Neurocare service has a self-contained independent living flat, consisting of a large bedroom, separate en-suite shower room and a spacious kitchen and lounge. The space has been created to be fully wheelchair accessible and incorporates integrated assistive technology to maximise independence. These transitional apartments can be used to consolidate skills and risk assess in an environment that replicates home prior to discharge, or individuals can be admitted directly from acute services as a step-down transition prior to living in the community.



Rehabilitation & Care Pathways

NEUROLOGICAL & SPINAL INJURY REHABILITATION

Our rehabilitation pathways are suitable for individuals who require a specialist interdisciplinary approach to rehabilitation, resulting from sudden onset conditions, for example, trauma, stroke, haemorrhage, tumours and spinal injury.

Our interdisciplinary teams adopt a biopsychosocial model of care within a 24/7 approach to rehabilitation, a method that integrates continuous care and therapy throughout the day and night. This ensures, that with the support of our trained Life Skills Specialists, rehabilitation is not limited to scheduled therapy sessions, but embedded into all aspects of peoples' daily routines.

Hamberley Neurocare supports individuals with a range of complex care needs including (but not limited to), functional neurological disorders, prolonged disorders of consciousness, ventilated and tracheostomy care, complex spasticity requiring postural management. Other conditions that can be supported include dysphasia, percutaneous endoscopic gastrostomy (PEG) feeding regimes, bowel management, diabetes, cognitive or communication difficulties.

Rehabilitation is usually agreed for a set period and is extended in instances where progress continues to be made, and meaningful goals are being achieved. We also provide maintenance or slower stream rehabilitation in a structured environment with ongoing therapy support to preserve the skills individuals have developed.

NEURODEGENERATIVE & LONG-TERM CONDITIONS

Hamberley Neurocare supports people to live well with neurodegenerative conditions such as Multiple Sclerosis, Huntington's disease, Parkinson's disease and peripheral nervous system conditions like Guillain-Barre syndrome. We also support people with long-term conditions such as Cerebral Palsy.





Where possible, we empower self-management and enable individuals to remain autonomous for as long as possible - key to maximising overall quality of life.

Neurodegenerative conditions share common symptoms such as visual disturbances, impaired mental functioning, and loss of muscle control. These, along with dysphasia, depression, and loss of speech, can be profoundly distressing for an individual. We understand the importance of care plans being truly person-centred and holistic, including providing access to a range of psychological therapies to promote mental and emotional wellbeing.

Supporting individuals with neurodegenerative conditions requires the consistent input of an experienced interdisciplinary team of neuropsychologists, neuro occupational therapists, neuro physiotherapists, speech and language therapy, dietetics and nursing to minimise the risk of complication and improve life expectancy.

RESPIRE CARE

Respite care can be booked in blocks of two weeks or more, with therapy input included as required. This service can be pre-booked at regular intervals in advance or requested on an ad-hoc basis.

NEURO-PALLIATIVE CARE

Regardless of trajectory or prognosis, our interdisciplinary teams will continuously review care plans to ensure they continue to meet the physical, psychological, social and spiritual needs of the individual, in addition to providing care and treatment for the underlying condition.

Our person-centred care plans seek to maximise quality of life, enable individuals to maintain autonomy for as long as possible, including making decisions around advanced care planning, proactively manage symptoms and mitigate distress.

Practical advice and support are always available to families.



Our Interdisciplinary Teams

Hamberley Neurocare employs an extensive team of healthcare professionals who share their insights and perspectives to implement patient-centred care plans that transcend the scope of their own discipline to achieve the best possible outcomes for everyone entrusted into our care.

Our interdisciplinary teams consist of:

- ⇒ Consultants in Rehabilitation Medicine
- ⇒ Clinical Neuropsychologists
- ⇒ Clinical Leads
- ⇒ Nurses
- ⇒ Therapy Leads
- ⇒ Neuro Occupational Therapists
- ⇒ Neuro Physiotherapists
- ⇒ Speech & Language Therapists
- ⇒ Dietetics
- ⇒ Life Skills Specialists (LSS)
- ⇒ Wellbeing and Lifestyle Coaches (WLC)





Monitoring & Evidencing Progress

Our interdisciplinary teams continuously assess and monitor progress, updating each resident's rehabilitation plan as needed. During the initial comprehensive clinical assessment, we use the rehabilitation complexity scale (RCS) to determine the intensity and frequency of therapy required from each discipline.

Upon admission, baseline assessments, including functional independence measure + functional assessment measure (FIM+FAM) and goal attainment scaling (GAS) are undertaken to assess physical, cognitive, communication and psychosocial functioning.

Our interdisciplinary teams will collaborate with the individual and (as appropriate) their family, to agree short and long-term rehabilitation goals that are meaningful to them, including community participation. Regular, multiagency reviews will take place to review progress, consolidate skills and identify additional rehab goals, prior to discharge. For those receiving short-term, intensive rehabilitation, discharge planning will commence from day one.



Referrals

Referrals are accepted from healthcare professionals in addition to case management companies and legal professionals who represent clients with a personal injury claim. Placements can also be self-funded. To enquire, make a referral, or arrange to visit one of our services, please contact Cheryl Cowell, Business Development Manager.

Cheryl Cowell

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